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Parks and Countryside Events Programme

The Countryside in Winter

These Tuesday walks start at 10:30 unless otherwise stated. No booking or payment required. For more information visit www.bracknell-forest.gov.uk/parks-and-countryside/events

Leisurely (L) – up to 2 miles (1 hour) Moderate (M) – up to 4 miles (1 $\frac{1}{2}$ hours) Rambler (R) – up to 5 $\frac{1}{2}$ miles (2 $\frac{1}{2}$ hours) Timings and distances are approximations only.

19 November – Along the Blackwater and back to the North (R) Meet: Horseshoe Lake car park, Mill Lane, Sandhurst, GU47 8JW

17 December - The Mince Pie Trail (R)

A walk with refreshments and a festive mince pie afterwards. Meet: Frost Folly car park, Weller's Lane, Warfield, Bracknell RG42 6EN

Main Programme

Booking and pre-payment is required for all our events unless otherwise stated. www.bracknell-forest.gov.uk/parks-and-countryside/events

Small Mammal Surveying

Family friendly events to learn about small mammals and how to record them. Each event will be held over two days with the afternoon to set up and put out traps and the morning to record what has been found. Participants won't necessarily be able to touch the animals. Please wear warm outdoor clothes and suitable footwear.

Wednesday 6 November, 4pm-5.30pm and Thursday 7 November 7:30am – 9:30am at Frost Folly

Meet: Frost Folly car park, Weller's Lane, Warfield, Bracknell RG42 6EN. Cost: £4 per participant. Booking required.

Wednesday 13 November, 4pm-5.30pm and Thursday 14 November, 7:30am-9:30am, at Garth Meadows

Meet: Parking at Larks Hill, Warfield, Bracknell RG42 4SR. Walk to Garth Meadows where we will meet at the noticeboard area. Please don't park on roadside. Cost: £4 per participant. Booking required.

Community Litter Picks

Friday 22 November, 10am-11 am, at South Hill Park Meet: Courtyard in front of South Hill Park reception, Ringmead, Bracknell, RG12 7PA. Thursday 5 December, 2pm-3pm, at Lily Hill Park Meet: North car park, off Lily Hill Road, Bracknell, RG12 2RX.

Every Friday, 11:30am Nordic Walking, Swinley Forest

New 11:30am class is on Fridays at The Look Out. It is bookable per half term and costs equal £5 per session (£6 including pole hire). Booking via ruthaaron24@googlemail.com or 07961 356207. Each session is led by a qualified and insured instructor and includes a warm up, technique review/focus, a 2 to 2.5 mile walk and cool down and stretch. It is very social, allowing you to walk and talk and lots of fun. Our FB page is https://en-gb.facebook.com/berkshirenordicwalking **Meet:** 11:30am at The Look Out Discovery Centre car park, Nine Mile Ride, Bracknell RG12 7QW. Car parking charges apply. Booking Essential.

Bracknell Forest Natural History Society evening talks

Venue: South Hill Park. Talks start at 7:30pm and end at about 9:30pm (Doors open from 7:15pm). Members entrance fee £1; visitors £3; under 16 free (annual membership £12). No booking required.

November 18 Farming for Wildlife Des Sussex, Natural England

December 16 Blackwater Valley Countryside Trust Colin Wilson, Vice Chair

Event Booking

Please pre-book events where stated by contacting the number provided. Events are free unless otherwise stated. Payment can be made prior to the event or on the day. This is non-refundable. Events may be filmed and/or photographed - please specify if you do not wish to be included in this. For outdoor events please wear suitable clothing and footwear. All children under 16 must be accompanied by a responsible adult.

Contacts

Parks & Countryside Service Bracknell Forest Council The Look Out Discovery Centre Nine Mile Ride, Bracknell, Berkshire RG12 7QW rangers@bracknell-forest.gov.uk www.bracknell-forest.gov.uk/parksandcountryside

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Welcome to the November update from Warfield Parish Council

Remembrance

On Sunday 10th November the chairman of the council, Cllr Colleen Dulieu will lay a poppy wreath on behalf of Warfield Parish Council and the residents of Warfield at St Michael Archangel, the home of the Warfield War Memorial. We hope that you'll join in the commemorations at 11am on Sunday 10th and Monday 11th Nov.



Consultation

Bracknell Forest Council have launched a further consultation on their draft local plan. The consultation runs through to 6 December and details can be found on their website **www.bracknell-forest.gov.uk** A series of exhibitions will be held to show more details of the proposals and give you the opportunity to discuss the proposals with planners. For information on the exhibitions check the BFC website or our social media for more information.

Can we help your group?

We have recently relaunched our website **www.warfieldparishcouncil.gov.uk** and we have included a section to help promote local groups and organisations based within Warfield. We are looking for simple details to help signpost residents to you. If you run a group locally and would like us to signpost residents in your direction please contact us by e-mail at **info@warfieldparishcouncil.gov.uk**

We will need the name of your group, a contact name and contact details (e-mail, telephone etc.) a brief description of what your group does and when and where you meet.

Christmas is coming...

Please join us from 6pm on Friday 29th November for refreshments, carol singing and the lighting of the Warfield Christmas tree at the Whitegrove Community Centre near Warfield Tesco.

Look out for further information on our website shortly. We hope you can join us to kick off the festivities.

Parish/Borough Councillor Surgeries

The Parish Council holds monthly surgeries in the Parish Office when Parish and local Borough Councillors are available to enable residents to discuss any views or issues they have. Why not come along to the Parish Office to meet your Councillors on:-

Saturday 2nd November 10am – 12 noon Saturday 7th December 10am – 12 noon Saturday 4th January 2020 10am – 12 noon





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Sudoku

			5	9		3		
3								
3 2		9			6	1	7	
	8	6		3		5		
7		4				9		8
		3	7		2			1
				6		8	5	
				5				7

How to Play

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9, *with no repetition*!

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(solution on page 18)

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Warfield Environment Group HEDGE PLANTING at LARKS HILL



Saturday 23 November

Between 2.00pm and 4.00pm Meet at Larks Hill car park at 2.00pm, or join us later by following the footpath to the eastern side of the site

Help needed! We have a large number of young trees (whips) to plant in a new length of hedge at Larks Hill and would love volunteers to pop along any time between 2.00pm and 4.00pm to plant as many or as few as they would like! Those who are keen can also help carry out some essential maintenance tasks at another length of hedge which was planted last year. Accompanied children welcome. Please wear suitable, warm outdoor clothes and footwear, and bring gloves. For further information contact Sheila on 07794 375306.



www.warfieldenvgroup.wordpress.com
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2020 programme of events coming soon



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Parsnip Soup with Cheesy Croutons

An easy, luxurious, autumnal soup

Preparation time: Less than 30 mins

Cooking time: 30 mins

Serves 4

Ingredients

1 tbsp olive oil

2 garlic cloves, finely chopped

600g/1lb 5oz parsnips, cut into 1cm/1/2inch cubes

 $^{1\!\!/_2}$ tsp dried red chilli flakes, plus extra to serve

1 litre/1¾ pints hot vegetable stock

200ml/7fl oz double cream

salt and freshly ground black pepper

For the croutons

3 thick slices good bread, such as sourdough, cut into 2.5cm/1-inch pieces

1 tbsp olive oil

55g/2oz Gruyere cheese, finely grated

Method

Preheat the oven to 200C/180C Fan/Gas 6. Heat the oil in a heavy-based saucepan over a medium heat. Add the chopped garlic and cubed parsnips and fry for 4–5 minutes, stirring occasionally. When they are golden add the chilli flakes and fry for one more minute.

Pour in the stock, stir and bring everything to a simmer. Cover with the lid and cook for 12–15 minutes, or until the parsnips are tender.

Meanwhile, for the croutons, place the pieces of bread on a baking tray in a single layer and drizzle with the olive oil. Sprinkle over the cheese, and season with salt and pepper. Bake for 5–10 minutes until crisp and golden.

Remove the soup from the heat and blitz with a stick blender until smooth. Return to the heat, stir in the cream and heat through gently. Season to taste with salt and pepper. Serve the soup topped with the croutons and a sprinkling of chilli flakes for a little more kick.



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Buy from bulk bins - If possible, purchase food, like cereal, pasta, and rice from bulk bins using your own container or bag. Not only will you save on packaging you'll also save money.

Take your own cup to coffee shops -Some establishments offer a reduction in price for this!

Ditch the disposables - Disposable nappies are a huge source of landfill. Modern cloth nappies are nothing like the monstrosities of yesteryear. Check them out, reduce your baby's carbon footprint and save money in the process.

Squeeze your own - Make your own fresh squeezed juice



or eat fruit instead of buying juice in plastic bottles. It's healthier and better for the environment.

Lead with your lunch - Pack your own lunch in reusable containers and bags.

Use a real razor - with replaceable blades instead of a plastic disposable razor.

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By Kath McLean

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Supagrass	
Trulawn	
Woodchips Tree Surgery	

Health & Fitness Mindful Solutions Hypnotherapy 22 DB Roofing 21 Kitchens & Bedrooms 3 Applewood Kitchens **Oven Cleaning** 22 OvenGleamers SGH Services 9 Plumbers 3 Heat & Plumb Heat Plant Services Paul White 20 **Property Maintenance** Carpenter 20 CM Maintenance **DMS Building & Landscaping Jubilee Building Supplies** 19 Just Wood **TBG Home Thomas Painter & Decorator**

Roofing 21 **HLM Solutions** 5 **1** Security **DSC Security** 24 8 Student Accommodation 21 Host Link UK 21 Theatre 10 Spotlights 9 8 11 Trading Standards Trading Standards 19 Waste Collection 11 10 Rubbish On The Go 8 15 Windows & Doors 12 19 Premier Plastics 11

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