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April
2020

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Kids' Page

Did you know...?

Very few people in the world can lick their own elbow.
Crocodiles can't stick their tongues out
A shrimp's heart is in its head.
When you sneeze your heart stops for a millisecond.
The electric chair was invented by a dentist!

Mini Sudoku

Can you fill in the grid so that each row, column and 3x2 box contains the numbers 1-6 with no repetition?

	5	1		4	3
3			5		
		6			
					2
4	2		3	6	

Can you work out what the two words are from the picture clues?



+



+



+



Daft Ditty

Mary had a metal cow,
She fed it safety pins.
And every time she milked her cow,
The milk came out in tins!

Last but not least...

Almost everyone who reads this page will try to lick their own elbow!

Picture Puzzle	2	5	1	6	4	3
Solution	6	3	4	1	2	5
Moonlight	3	4	2	5	1	6
Sunflower	5	1	6	4	3	2
Spring time	1	6	3	2	5	4
	4	2	5	3	6	1

Sudoku Solution

Delivered FREE in Warfield, Binfield, Winkfield and Ascot. Also available at several pickup points including local libraries, garden centres and retail outlets.

For further information:

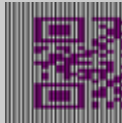
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Vegetable Take & Grow

Warfield Parish Councils popular family Vegetable Take and Grow event, takes place on Sunday 3 May from 11.30am – 1pm at the Whitegrove Community Centre. Once again we are looking for your help, we need volunteers to grow and donate seedlings to the event - we can provide seed trays/pots if required. If you are able to help then please contact the Parish Office.

As well as providing free vegetable and herb seedlings for residents to 'grow their own' there will be the opportunity for children to plant seeds, design plant labels and take part in our free competition.

Children can also plant their sunflower seeds ready to grow for our tallest sunflower competition. As usual experts will be on hand to help out with any vegetable growing questions you may have!



Council and Library Events

Don't forget to check the Bracknell Forest website to see what events may be happening near you.

The Parks and Countryside team hold lots of fun events for the whole family including spring treasure hunts, walks, talks etc. Your local library also has lots of activities to keep children of all ages entertained. Just visit their website or give them a call.



Great British Spring Clean continues!

The Great British Spring Clean continues until 13 April, but you can continue to help up your neighbourhood all year round.

This year, the Great British Spring Clean takes place between 20th March and 13th April.. if you want to organise your own event for your club or in your street. We have lots of equipment available, so please get on touch and help us to spring clean Warfield.

Parish/Borough Councillor Surgeries

The Parish Council holds monthly surgeries in the Parish Office when Parish and local Borough Councillors are available to enable residents to discuss any views or issues they have. So, if you have any planning, litter, parking, open space or any other issues, then why not come along to the Parish Office to meet your Councillors on:-

Saturday 4 April 10am – 12 noon

Saturday 2 May 10am – 12 noon

No need to book – just pop in at a time to suit.



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Rechargeable Batteries

Do you have a laptop and a smartphone? How about cordless power tools, or even an electric car? If the answer to any of these questions is yes, then you will be dependent on rechargeable batteries. I was surprised to learn that rechargeables have been around since 1859! French physicist Gaston Plante developed the lead acid cell. This had a lead anode (the positive bit), a lead dioxide cathode (the negative bit) and a sulphuric acid electrolyte (the chemical connector). The Plante battery was actually the precursor to our modern-day car batteries.

Regular non-rechargeable batteries and rechargeables generate current in exactly the same way: through an electrochemical reaction involving the anode, cathode and electrolyte. In a rechargeable battery though the reaction is reversible. So, when electrical energy from an outside source is applied to the battery (i.e. it's plugged into a charger), the negative-to-positive electron flow that occurs during battery use is reversed, and its charge is restored.

The most common rechargeable batteries on the market today are lithium-ion (Li-ion). Nickel-metal hydride (NiMH) and nickel-cadmium (NiCd) batteries are also used.

Nickel-cadmium (NiCd) have been around a long time and are pretty rugged, so they are used where long service life, high discharge current and extreme temperatures are required. They allow very fast charging with minimal stress so tend to be used in power tools, medical devices, and aviation.

Nickel-metal-hydride (NiMH) were developed as a replacement for NiCd. They are used for medical instruments, hybrid cars

and industrial applications. NiMH is also available in AA and AAA sized rechargeables for consumer use.

Lithium-ion (Li-ion) batteries are being used in applications that were previously served by lead and nickel-based batteries. Li-ion batteries have a long life, hold a charge better, operate at higher voltages, and can be made smaller and lighter so they are very popular for phones and laptops etc. But Li-ion batteries are not currently available in popular standard sizes such as AAA, AA, C or D, and they're considerably more expensive.

All rechargeable batteries (and the single use variety) contain metals such as cadmium, cobalt and lead that are harmful to the environmental if not disposed of properly. Hence when they reach the end of their life it's better to keep them out of landfills because these metals can taint the surrounding air, topsoil and groundwater.

Remember, even rechargeable batteries will eventually die, though it may take hundreds of charges before that happens. Make sure to dispose of them responsibly at a recycling facility.



By Tracey Anderson



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Warfield Environment Group

ANNUAL NEWT SURVEY



Friday 17 April, 7.30 – 8.30pm

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Saturday 18 April, 7.30 – 9.00am

at the Newt Reserve,

off Flemish Place, Warfield

Join us to set bottle traps on Friday evening and spot newts in the pond using torches. Return on Saturday morning to count and release trapped newts. Wellies/waterproof footwear and suitable, warm outdoor clothing recommended. Accompanied children welcome. For further information please email us or contact Adrian on 07985 004758



www.warfieldenvgroup.wordpress.com

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Next event: Hedge Maintenance, also Saturday 18 April

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EASTER A moveable feast!

"Easter is early this year!"
"Ooh isn't Easter late this year?"

Easter never seems to come on time! In fact, it's a different time every year. Why is that? We don't move Christmas or New Year's Day so what makes Easter so flexible?

This year Easter Sunday falls on April 12th. I suspect that for once it's actually on time though frankly who knows?

The reason for Easter being something of a moveable (chocolate) feast is because it is celebrated on the first Sunday after the Paschal full moon, which is the first full moon after

the spring equinox.

The equinox is the instant of time during a year when the plane of Earth's equator passes through the centre of the Sun. This occurs twice annually. In the springtime this is around (but not exactly on) 20th March. Full moons occur every 29.5 days so between those two events there is quite a lot of leeway when it comes to dates, but Easter is always somewhere between March 22nd and April 25th. So now you can say with confidence that Easter is early... or late...or possibly right where it should be.

Happy Easter.

By Sarah Davey



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Sudoku

7		8	4		1		3	
	6		8			1	5	
		4		3	2	6		
	3		6				2	
5		6	2		3	8		1
	4				8		7	
		5	3	1		7		
	9	3			5		6	
	8		9		6	5		3

How to Play

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9, **with no repetition!**

That's all there is to it.

You solve the puzzle with reasoning and logic - there's no maths involved and no adding up.

It's fun. It's challenging. It's addictive!

(solution on page 18)

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CRISPS!



Who doesn't love a bag of crisps? They are so moreish you can never eat just one. They were reportedly invented by a chef named George Crum who created them in 1853 at Moon's Lake House near Saratoga Springs, New York. Legend has it that a customer kept sending his fried potatoes back to the kitchen, complaining that they were soggy, and not crunchy enough. Fed

up with the constant griping Crum sliced the potatoes as thin as possible, fried them in hot fat, then doused them with salt. The customer loved them and "Saratoga Chips" were born! They quickly became a popular item at the lodge and throughout the whole of New England.

The crisps (or chips as they are called in the US) began to be mass-produced for home consumption. Originally,

they were sold in barrels or tins, and quickly went stale. In the 1920s, Laura Scudder invented the airtight bag by ironing together two pieces of waxed paper, thus keeping the crisps fresh longer. Today, they are packaged in plastic or foil bags and come in a variety of flavours though ready salted and salt and vinegar remain the most popular.

By Tracey Anderson

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The Countryside in Winter

These Tuesday walks start at 10:30 unless otherwise stated. No booking or payment required.
For more information visit www.bracknell-forest.gov.uk/parks-and-countryside/events

Leisurely (L) – up to 2 miles (1 hour)
Moderate (M) – up to 4 miles (1¼ hours)
Rambler (R) – up to 5½ miles (2¼ hours)
Timings and distances are approximations only.

21 April – Around Broadmoor (R)

Meet: Wildmoor Heath car park, Crowthorne Road, GU47 8PD.

Main Programme

Booking and pre-payment is required for all our events unless otherwise stated.
www.bracknell-forest.gov.uk/parks-and-countryside/events

Exciting Spring Treasure Hunts!

Solve a series of fun clues throughout our parks to win a nature-related prize. Early booking recommended to avoid disappointment. Morning or afternoon events available.

Tuesday 7 April, at South Hill Park

10am-11:30am or 1pm-2:30pm

Meet: Courtyard in front of South Hill Park reception, Ringmead, Bracknell RG12 7PA.

Cost: £4 per child. Booking essential.

Wednesday 8 April, at Lily Hill Park

10am-11:30am or 1pm-2:30pm

Meet: North car park, off Lily Hill Road, Bracknell RG12 2RX

Cost: £4 per child. Booking essential.

Every Friday, 11:30am Nordic Walking, Swinley Forest

New 11:30am class is on Fridays at The Look Out. It is bookable per half term and costs equal £5 per session (£6 including pole hire). Booking via ruthaaron24@googlemail.com or 07961 356207. Each session is led by a qualified and insured instructor and includes a warm up, technique review/focus, a 2 to 2.5 mile walk and cool down and stretch. It is very social, allowing you to walk and talk and lots of fun. Our FB page is <https://en-gb.facebook.com/berkshirenordicwalking>

Meet: 11:30am at The Look Out Discovery Centre car park, Nine Mile Ride, Bracknell RG12 7QW.

Car parking charges apply. Booking Essential.

Bracknell Forest Natural History Society evening talks

Venue: South Hill Park. Talks start at 7:30pm and end at about 9:30pm (Doors open from 7:15pm).

Members entrance fee £1; visitors £3; under 16 free (annual membership £12). No booking required.

April 20

Swift Conservation Jan Stannard, Swift specialist and founder of the Maidenhead, Marlow and Cookham Swift Group

Event Booking

Please pre-book events where stated by contacting the number provided. Events are free unless otherwise stated.

Payment can be made prior to the event or on the day. This is non-refundable.

Events may be filmed and/or photographed - please specify if you do not wish to be included in this.

For outdoor events please wear suitable clothing and footwear. All children under 16 must be accompanied by a responsible adult.

Contacts

Parks & Countryside Service

Bracknell Forest Council

The Look Out Discovery Centre

Nine Mile Ride, Bracknell, Berkshire RG12 7QW

rangers@bracknell-forest.gov.uk

www.bracknell-forest.gov.uk/parksandcountryside

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Garden View

This month - container-grown fruit

April is the perfect month for planting container-grown fruit trees and bushes.

Even if your garden space is limited you can still grow fruit trees and bushes. You can even grow them in containers on a balcony.

The trick is to read the label. Look for dwarf varieties that won't grow too large for your pot or garden. It's a good idea to buy self-fertile plants too, especially if you don't live in an area where lots of people grow their own fruit.

Even on a small plot buy the biggest pot you can fit into the available space. Bigger pots hold more compost, so they contain more food, more water and more space for strong root growth. Make sure the pot has drainage holes and cover the base with drainage material. Handy hint – if wind is a problem on your site use heavy material like broken crockery or stones to add weight, whereas if you will need to be able to move the pot easily use polystyrene chunks, which are very lightweight.

Fill the container with a loam-based potting compost. Remove the tree or shrub from its original pot, spread the roots a little and plant it in the new container to the same depth. Water the compost well initially and then whenever the surface is dry.

If you want to plant your fruit tree in the garden dig a hole as deep as the root system, and about three times the width. Place the plant into the hole and refill it. Then firming the soil with your foot. If the tree is in an exposed area you might need to stake it.

Fruit is very easy to grow, and there are a huge variety of fruit trees or bushes to suit every garden size and aspect, so you're bound to find the perfect plant for your space.



Try:

Dwarf apple trees, which provide interest all year round as well as fruit in the autumn.

Any of the currants. Blackcurrants are particularly nice. They are low maintenance and great in jams and pies. They like a sunny spot and plenty of water

Raspberries are lovely. They fruit in summer and like a sheltered sunny spot. You buy raspberry canes rather than bushes. Look for a thorn-free variety.

Blueberries grow really well and are great for growing in a container because they like acid soil and in a container, this is easy to provide. Look for ericaceous compost which you should keep moist because like most soft fruits they are quite thirsty plants. Collect rainwater for the purpose as blueberries are not keen on tap water.

I grow strawberries in large hanging baskets to make the most of the space. They are easy to grow this way but make sure you keep them well fed with a high potash fertiliser as nutrients leach away from hanging baskets very easily.

I protect all my container-grown soft fruit with netting my garden birds tend to view my patio display as a rolling all-season buffet laid on especially for their benefit.

Happy gardening.

By Rachael Leverton

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The Look Out 01344 354400

Sudoku Solution

7	5	8	4	6	1	2	3	9
3	6	2	8	7	9	1	5	4
9	1	4	5	3	2	6	8	7
8	3	1	6	4	7	9	2	5
5	7	6	2	9	3	8	4	1
2	4	9	1	5	8	3	7	6
6	2	5	3	1	4	7	9	8
1	9	3	7	8	5	4	6	2
4	8	7	9	2	6	5	1	3

Be Prepared...but don't panic!

Zombie apocalypse movies are perennially popular. Human beings love to imagine how we might survive after a global disaster.

Recent flooding and the coronavirus have prompted an interest in 'prepping', as in 'prepping for disaster'. Preppers have historically been cast alongside conspiracy theorists, and American survivalists, who build bunkers, live 'off-grid' and are scarier than any imaginary zombie.

As flooding and extreme weather become 'normal' events in the UK, and every year seems to bring a new pandemic threat it's easy to see why people feel helpless, and why 'prepping' becomes seductive. Should we prepare for imminent disaster?

The answer isn't a straightforward yes or no. In this country we are fortunate that food is plentiful. However, food is supplied on a 'just-in-time' basis, using predictions based on the public's past shopping habits. If everyone shops normally, supply and demand remain balanced, but if large numbers of people suddenly panic-buy more than usual to stockpile food, shelves are stripped bare pretty quickly.

It makes sense to be aware of this and to think about how we might manage if there was a temporary hiccup in our own food supply chain, perhaps because poor weather or flooding prevents us from accessing shops, or because we're confined to our home through illness or quarantine.

It does no harm to plan how we might be more self-reliant for a week or so, and to make sure that we have a basic emergency store cupboard. I would advise against specialist emergency food packs you see advertised. They are expensive, and freeze-dried food tastes like garden mulch. A few extra tins in your weekly shop is easy for most people to achieve.

Remember, in most instances you will already have food in, which can be used up first.

Useful items for an emergency store cupboard: tinned meats, tinned vegetables, tinned beans, pulses and chickpeas, tinned soups and packet soups, tinned fruit, a large bag of rice, a large bag of porridge oats, cooking oil, salt, honey, long-life milk, long-life orange juice, packs of cereal, cereal and protein bars, dried fruit. If you live in an area where flooding and therefore water contamination is likely allow 2 litres of bottled water per person per day for drinking and cooking.

A simple emergency store cupboard can be built up over a couple of months quite easily by adding a few extras into your weekly shop.

A can opener is essential. Torches, batteries, and a camping stove insure against loss of electricity, and loo roll, bleach, hand sanitiser, paracetamol, ibuprofen, plasters and disinfectant are useful health and medical items.

If you live in a flood zone, make sure your supplies are stored high up. Use a vermin-proof storage box in the coolest place possible, and every so often move items out into your regular cupboards, and replace them, to make sure that nothing goes beyond its sell-by date.

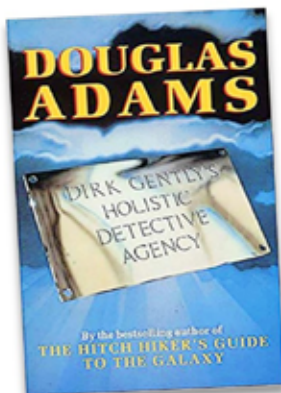
One last thing. We all have important documents filed away such as birth certificates, passports, insurance documents and house deeds. Ideally these should be stored in a fire and waterproof deed box to protect them.

A little thought and preparation goes a long way. No bunker required!

By Clare Becker



A Good Read



Dirk Gently's Holistic Detective Agency - Douglas Adams

When Douglas Adams' novel was adapted for television, purists complained that the version shown bore little resemblance to the original. That may be true, but it is perfectly

possible to enjoy both.

The 'detective' element in the title is not entirely misleading - there is a detective story here, albeit one that doesn't follow any of the usual patterns of the genre. As might be expected, Adams interweaves humour, science fiction and a strong sense of the absurd, along with characters who are essentially believable and sympathetic, creating a novel which is much more than the sum of its parts.

The plot is almost impossible to summarise. There is a horse stuck in the bathroom of a Cambridge college for a start. An Electric Monk is on the loose. And Samuel Taylor Coleridge is particularly important. Early in the story, electronics entrepreneur Gordon Way, finds himself unexpectedly murdered and refuses to accept that death is indeed the end. His employee Richard MacDuff, soon finds that the sofa stuck halfway up the staircase to his flat is the least of his problems - not least when his old university acquaintance Dirk Gently, telephones him unexpectedly as he is in the middle of breaking into his girlfriend's flat..

What follows is often complex, mostly impossible, but always funny. If nothing else, it will make you think about time in a completely different way.

Winnie's Dinosaur Day - Valerie Thomas and Korky Paul

It is easy to see how Winnie the Witch has become such a favourite character for young readers everywhere. This is her thirteenth outing and, as always, things don't go totally to plan. Accompanied by her faithful cat Wilbur, Winnie loves to visit the museum. Not only are there buttons to press and levers to pull, there are dinosaurs! Not real ones sadly - just bones and skeletons. Winnie would love to see a real dinosaur - Wilbur is not so keen. So when the museum runs a competition to draw or model a dinosaur, Winnie is determined to win...even if she needs some magic to help.

Thomas and Paul work as a perfect team to bring Winnie and Wilbur to life. The words are well judged and often understated, whilst Paul's illustrations help to draw the reader in, giving depth and detail to the tale.

Winnie may not always get it right, but it is bound to work out in the end - and children will love returning to the story again and again.



By Katherine Gillespie



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More Fool Us

With April Fools' Day looming it's always fun, trying to spot the fake story. Some would say that in the current political climate it's now almost impossible to separate fact from fiction. But back in the good old days when regular news stories didn't sound as though they'd been dreamed up by the team who wrote *Twin Peaks* or *Walking Dead* newspapers and TV channels vied to see who could pull off the best prank.

The most famous is definitely the BBC's 1957 Panorama report on the bumper spaghetti crop. Huge numbers of British viewers were fooled by the footage of Swiss peasants gathering long strands of pasta from the trees!

In 1962, Swedish television viewers were duped into thinking that they could magically transform their black-and-white TV sets into colour by stretching a nylon



stocking over the screen!

Australians were confused in 1975 when they were told they were converting to metric time, with 100 seconds to the minute, 100 minutes to the hour and 20-hour days.

In 2002 Tesco got in on the act and published an

advert for genetically modified carrots. The advert said it each vegetable had air holes in the side which let them whistle when fully cooked!

Finally, in 2008 people were amazed to see a BBC film of Adèle penguins flying across the Antarctic on their way to spend the winter in the rainforests of South America. This became one of the most viewed videos on the internet. Totally fake.

With the boundaries between ridiculous and reality becoming ever more blurred, I suspect that spotting the fake story this year might prove more challenging than ever!

By Sarah Davey

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